

Post-Vasectomy Semen Analysis Collection Instructions for Patients

Patient Preparation:

- Your physician will advise you of the appropriate time to submit a semen specimen following vasectomy.
 - Providence Oregon Laboratory Services recommends that post-vasectomy semen be collected at least 12 weeks following the vasectomy procedure.
 - Avoid ejaculation for 2-3 days (but not more than 7 days) prior to collection.

Label the container with your first and last name, date of birth, and the date and time of collection.

Sample Collection:

- Collect a complete semen specimen by masturbation into a clean, sterile container obtained from your physician or laboratory.
 - Condoms are not acceptable.
- Deliver the specimen to the laboratory within **1 hour** of collection.

Note: If you prefer to collect the specimen after arrival in the lab, a restroom is available.

Deliver the specimen with your doctor's order, and the form below to the Hospital Inpatient Laboratory at any of the following locations during their posted hours:

Providence St. Vincent Inpatient Laboratory 9205 SW Barnes Road Portland, OR 97225 7:00AM – 6:00PM M-F	Providence Portland Inpatient Laboratory 4805 NE Glisan Street Portland, OR 97213 7:00AM – 6:00PM M-F	Providence Milwaukie Inpatient Laboratory 10150 SE 32 nd Avenue Milwaukie, OR 97222 7:00AM – 5:00PM M-F
Providence Seaside Inpatient Laboratory 725 S. Wahanna Road Seaside, OR 97138 7:00 AM – 5:00 PM M-F	Providence Hood River Inpatient Laboratory 810 12 th Street Hood River, OR 97031 9:00AM – 4:30 PM M-F	

COMPLETE THE FORM BELOW—SEND IT TO THE LAB WITH YOUR SPECIMEN

COMPLETE NAME _____

SPECIMEN COLLECTION DATE & TIME _____

NUMBER OF WEEKS SINCE VASECTOMY _____

TO BE COMPLETED BY LAB STAFF

DATE & TIME SPECIMEN RECEIVED _____

Directions to each Hospital Inpatient Lab:

Providence St. Vincent Inpatient Laboratory

9205 SW Barnes Road, Portland, OR 97225

Directions:

Enter using the East Pavilion, go to lower level using the Green Elevators.

Upon exiting the elevator, the laboratory is across the hall. Pick up the phone next to the laboratory doors and notify the staff that you are there to drop off a sample.

Providence Portland Inpatient Laboratory

4805 NE Glisan Street, Portland, OR 97213

Directions:

Enter through the Emergency Room entrance passing through the metal detector. Stop at the security desk and inform security of the need to drop off a specimen with the "Hospital Inpatient Lab".

Security will escort you to the Red Elevators and allow access to the second floor.

Upon exiting the elevator, pick up the phone next to the laboratory doors and notify the staff that you are there to drop off a sample.

Providence Milwaukie Inpatient Laboratory

10150 SE 32nd Avenue, Milwaukie, OR 97222

Directions:

Enter using the Main Entrance and turn left to follow the signs for the Main Admitting desk. Use the kiosk to enter your patient information to check-in for the lab and wait to be called by the Registrar. The caregiver in admitting will contact the lab to accept the drop off sample.

Providence Seaside Inpatient Laboratory

725 S. Wahanna Road, Seaside, OR 97138

Directions:

Enter hospital via the main entrance and proceed to the front information desk (Access Services). Access services will call the inpatient lab to accept the drop off sample.

Providence Hood River Inpatient Laboratory

810 12th Street, Hood River, OR 97031

Directions:

Enter hospital via the main entrance and proceed to the front information desk (Access Services) on the left. Access services will call the inpatient lab to accept the drop off sample.